

V3 ORIGINAL & V3 BOOST: THE DIFFERENCE

WHAT'S THE DIFFERENCE?

Studies show that happy people consume fewer calories, and an increase in happiness and mood decreases our desire to eat.

V3 BOOST and V3 ORIGINAL promote mood, appetite control, and energy! The ingredients in both formulas work together as a “stack” to encourage serotonin and dopamine production in the brain. The additional vitamins and minerals in both formulas help regulate the pathways responsible for satiety, impulse, metabolism, and mood. So, what's the difference and how do I know which formula is right for me?

DIFFERENCE AT A GLANCE:



V3 ORIGINAL

- 180 mg of caffeine
- Think of it like 89 octane gasoline
- Contains PEA (phenylethylamine)
 - Contains L-Theanine
 - Contains Dynamine
 - Contains Infinergy
 - Contains BioPerine
- Contains no Yohimbine
- Contains a complete Vitamin B complex (B1, B2, B6, B12, Niacin/B3, & pantothenic acid)

V3 BOOST

- 200 mg of caffeine
- Think of it like 93 octane gasoline -it's more potent!
 - **Contains 10% more PEA (phenylethylamine) than V3 ORIGINAL**
 - Does **not** contain L-Theanine
 - Contains Dynamine
 - Contains Infinergy
 - Contains BioPerine
- Contains Yohimbine (approx. 5mg)
- Contains a complete Vitamin B complex (B1, B2, B6, B12, niacin/B3, & pantothenic acid)

INGREDIENT INFO & BENEFITS:

PEA - (Phenylethylamine)

PEA is short for phenylethylamine. Phenylethylamine has a variety of benefits as a supplement. Studies have shown to improve focus, relieve depression, lessen ADHD symptoms, and help with weight loss.*

MOOD

Phenylethylamine supplements are linked to an increase in serotonin and dopamine in the brain, improving mood.* Studies show that patients diagnosed with depression often have lower levels of phenylethylamine.

WEIGHT LOSS

PEA has proven to increase norepinephrine and epinephrine levels in the body. These increased levels boost metabolism due to their potential to reduce or block appetite.*

FOCUS

PEA increases dopamine levels in the brain and helps enhance epinephrine and norepinephrine levels in the body. They work together to increase alertness, focus, and energy in high doses.*

PERFORMANCE

Phenylethylamine works with the central nervous system to help increase energy. PEA is known to sharpen focus, increase stamina and improve overall endurance, making it an effective athletic performance stimulant.*

L-THEANINE

In addition to promoting relaxation, L-theanine works to stabilize cognitive function affected by stress hormones. More specifically, L-theanine decreases corticosterone levels, which can inhibit spatial learning and memory formation when elevated. Other researchers have shown that, in people with anxiety, L-theanine improved attention span and reaction time.* When taken with caffeine, L-theanine improved visual information processing and accuracy when moving between tasks.*

Given its ability to encourage attention and focus, L-theanine has been shown in studies to improve time to sleep and quality of sleep. Instead of acting as a sedative, L-theanine promotes better rest by reducing anxiety and promoting relaxation.*

BIOPERINE

(BioPerine®) is a standardized extract prepared from the dried fruits of *Piper nigrum* (black pepper).

NUTRIENT ABSORPTION

Of the many Bioperine benefits offered, the one most discussed is its ability to increase the absorption of nutrients within your body.* Sometimes referred to as “bio-enhancement,” this ability means you get more out of other nutrients that you consume. It helps other nutrients you consume absorb better and in larger quantities.*

METABOLISM

Bioperine increases nutrient absorption is by increasing your metabolism by improving thermogenesis. This process essentially breaks down your fat cells and increases your internal temperature.

Other benefits associated with BioPerine include increased dopamine and serotonin, improved memory, immune system, and mental skills.

INFINERGY

Infinergy is a milder form of caffeine with a longer-lasting stimulatory effect minus the excessive “jitters” side effect that many users experience using caffeine anhydrous. This ingredient’s benefits include increased wakefulness, improved focus, better body coordination, and increased performance during aerobic and anaerobic exercises.* It helps reduce fatigue, improve concentration, increase physical performance & boost thermogenesis.* The malic acid in Infinergy works to buffer the salts in caffeine, allowing for easier digestion and replenishing the energy produced by caffeine.* In turn, it helps minimize the dreaded post-caffeine energy “crash.”

DYNAMINE

Infinergy is a milder form of caffeine with a longer-lasting Dynamine is a naturally occurring alkaloid from the Kucha tea leaf. It provides clear, focused energy without the jitters or the dreaded “crash.”* It also promotes energy receptors in the brain.*

YOHIMBINE

Yohimbine is a fat-burning compound primarily used to lose fat during short-term fasting.* It works by increasing adrenaline levels in the body and inhibiting a regulatory process in fat cells, which usually suppresses fat burning. It also works as a bio-activator in V3 BOOST as it stacks with the other ingredients for that extra boost of energy!*

Yohimbine is also an aphrodisiac and can aid erectile dysfunction.*

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Sources:
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